

## ABSTRACT OF THE DISCLOSURE

The safety garment for industrial and construction workers, and hunters incorporates a safety harness in to the body of a jacket, coat, or other apparel. The garment has a safety harness with a central attachment ring receiving a safety line, anchoring a wearer to a beam or tree trunk. The safety harness is preferably sewn on the outer surface of a removable, reversible inner liner or vest attached to an outer shell such as an outer vest, jacket, shirt, parka, or other garment covering the harness by zippers. The inner liner may be blaze orange on one side and camouflage patterned on the other. During a fall, pulling forces on the harness are equalized in both directions, providing maximal distribution of force on the wearer. The waist belt or other portion of the safety harness has attachments for removable leg loop/crotch straps.